

Questions? Contact the Administrator
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Location:

Syracuse Lakeside Park (1013 N Long Drive, Syracuse, In 46567) is located on the North side of Syracuse on Syracuse Lake. Syracuse is in northern Indiana, on State Highway 13.

USAT Age Division Assignments:

The age group of a participant will be determined by age on December 31 of the event year, NOT by age by race day. You will be assigned to an age division according to your age on December 31, 2012.

Race age restrictions:

The MINIMUM age for entry is 15 years. This applies to solo triathlete or as a member of a team. USA Triathlon required age group divisions for solo: Adult: 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 70-74, 75-79, 80-84, 85+

Sponsorship:

This triathlon is sponsored by the Wawasee Kiwanis Club, a not for profit organization. Any and all profits go to designated Wawasee Kiwanis Charities (Some of which are Riley Children's Hospital, Teen Parents Succeeding, Syracuse Community Center, Syracuse Wawasee Trail Committee, Scholarships, Syracuse Food Pantry and more).

A Chip Timed Race:

All participants must wear an assigned timing chip. You will be responsible for returning your timing chip at the finish line or pay a \$30 replacement fee. Teams are only assigned one timing chip (Bib number) and must transfer the chip to succeeding members of the team in the transition area.

Registration and Parking:

There is a limit of 300 entries. There will be no same day registration. Get your entry in early. There will be no parking at Syracuse Lakeside Park/Syracuse Community Center the day of the race. There is public parking in Downtown Syracuse (2 blocks from Park), St Andrews United Methodist Church on Long Drive and the surrounding area.

USAT:

This is a USAT Sanctioned Race. Did you notice that you received a \$12 discount if you were a USAT member? You may purchase an annual USAT membership by calling 719-597-9090 or log on to <http://www.usatriathlon.org/> for membership.

Special Note- Team Transition Requirements:

Teams must complete the registration for all team members at the same time. You can not send in or register online separately. Minimum age per USAT is fifteen years old for all team members. **EACH AND EVERY TEAM MEMBER IS REQUIRED TO SHOW ID AND SIGN USAT RELEASE FORMS AT PACKET PICKUP.**

PHOTO ID:

ALL TRIATHLETES MUST SHOW PHOTO ID TO PICK UP THEIR PACKET TO RACE. A USAT REQUIREMENT. NO EXCEPTIONS. ADDITIONALLY, USAT MEMBERS must show their USAT membership cards or pay an additional \$12 fee for a one day permit.

Packet Pick Up:

Packets may be picked up at Syracuse Lakeside Park Community building on Friday night August 10, 2012 from 5:30-7:30 PM and Saturday morning 6-7:30 AM. Arrive Early. **YOU MUST SHOW PHOTO ID AND USAT MEMBERS MUST SHOW CURRENT USAT CARD. NO RACE DAY REGISTRATION.**

LATE REGISTRATIONS FORFEIT RIGHT TO T-SHIRT.

Athletes that delay registration until the same week as the race **FORFEIT ALL RIGHTS TO A RACE T-Shirt**, since there is insufficient time to order a T-Shirt for you.

Pre- Race Clinic

A pre-race clinic will be held on Friday August 10 at 6:00PM at Syracuse Lakeside Park. For those new to the sport you will receive tips on setting up your transition area, nutrition, do's and don'ts and an opportunity to ask questions.

Bike Check and repair:

Trailhouse Road and Outdoor will make minor repairs and have some equipment for sale. There will be an optional inspection for bikes. Have your bike in racing condition when you arrive. **HELMETS ARE MANDATORY**, with chin straps snapped. Have your own water bottle for the bike portion of the race.

Transition Area:

The transition area will be guarded. Only the participants will be able to be in the transition area, and will be the only one to pickup bike and equipment. Your body ID must match up with your bike number.

Race Course Characteristics:

Swim – ¼ mile, out and back, USAT rules govern the use of wet suits. Bike 13.25 miles a few hills to Milford and back. Bike Helmets must be strapped at all times before-during-after the race to prevent disqualification. You must furnish your own water on the bike course. Run 3.3 miles a few hills. Runners must wear race number in front.

Race Safety:

We have the right to remove anyone from the race if we feel that your safety, or the safety of others, is at risk if you continue. We will not allow you to make this an unsafe race for you, and or other participants.

Insurance:

Your personal insurance will be the primary carrier. USAT will be the secondary carriers.

Awards and Prizes:

Race awards will be presented to the female and male overall winners. Awards will also be given to female and male 1st, 2nd and 3rd place winners in five year age groups, Clydesdales, Athena's and teams. T-Shirts and swim caps for everyone. Local Merchandise donated for a drawing.

Food and Refreshments:

Pizza, Chicken, Fruit, Pasta and other food for the post race party will be available.

Cancellation:

In the event of cancellation, no refunds will be made. Entries are not transferable or exchangeable.

Race Results:

Race results will be posted at the race, and on the website: www.wawaseekiwaniis.org penalties will also be posted immediately after the race. Also results will be on www.runnersedgeracetiming.com.

Changing of Swim waves:

If you feel and have evidence that you may be an overall race winner, you may contact the race director EARLY BEFORE THE RACE to request a change to the first wave. If you entered as a Team, the swimmer on your team may not change waves.